



March 2021 Newsletter



ADHD is not just an inability to pay attention — it's an inability to control attention.



Children with ADHD have a lower level of brain arousal, which in turn decreases their ability to screen out distractions like noise in the hallway, movement outside, or even their own inner thoughts and feelings. Children with ADHD have an especially hard time tuning out distractions when an activity is not sufficiently stimulating. They lose focus easily. Read the full story [HERE](#).



My attitude has always been, if you fall flat on your face, at least you're moving forward. All you have to do is get back up and try again.

— Sir Richard Branson

SAVE THE DATE



Accepting Applications for the **2021 SUMMER PROGRAM**
June 21 - July 23, 2021

Following Every Direction, Every Time

Strategies to help children with ADHD hear what you tell them to do.

Resources & Links*

- [Attention Deficit Disorder Association](#)
- [CHADD \(Children and Adults with Attention-Deficit/Hyperactivity Disorder\)](#)
- [ADDitude](#)
- [Learning Disabilities Online](#)
- [Understood.org](#)

For more resources visit our website at www.hillschoolofwilmington.org/resources

*The above resources do not represent an endorsement by The Hill School of Wilmington.

Click the image below to view larger.

WHAT PARENTS ARE SAYING ABOUT HILL

"Before she started the Hill School she used to cry almost every night because she dreaded going to school the next day. Now, she enjoys going to school and reminds us when it's time to leave so she isn't late."

"About a month after starting HSW he came home excitedly exclaiming with a smile "They just get me there mom!"

"We felt so lost and overwhelmed before we found this school. To see her happy and proud of herself instead of constantly frustrated and sad is something we will never be able to repay you."

"She is now proud of her math skills and asks to read to us at night. For some, this might not seem like a big deal but for our daughter it is nothing short of miraculous."

"You have all been such a blessing to our family and I will be sending kids your way for years to come!"

"For the first time ever, my son can't wait to go to school and has a new found confidence. He has progressed more there in a year than he ever did before."

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